



## Welcome to The Birches

### Adult Foster Care, Memory Care and Respite Care

Northern Michigan's premier senior living community, Perry Farm Village, located just minutes from downtown Harbor Springs, encompasses the area's preeminent Adult Foster Care, Memory Care and Respite Care residence.

The Birches proudly fosters compassionate, professional care in an environment that encourages physical, emotional and spiritual well-being. The 20 purposefully designed residences feature ground-level access with private, open floorplans, situated around the inspiring beauty of gardens and grounds. With on site nurses 24/7 and professional care, an individual program of support is created for each resident, resulting in a plan that is unique and precise to individual needs.

### Professionally Trained Staff

We pride ourselves in thoroughly and properly training all staff members. Through ongoing specialized training and education, our care staff is committed to clinical excellence—utilizing best practices and competencies to ensure top-notch care and favorable influence of overall quality of life.

### Purposeful Design

At The Birches, residents enjoy a warm, welcoming environment that feels like home. Underneath the inviting décor is a meaningful design that promotes residents' highest levels of independence and well-being, while providing endless opportunities to explore.

- Private suites
- Wide walkways
- Multiple gathering areas
- Access to secure outdoor garden courtyard
- Large windows with an abundance of natural light and beautiful Northern Michigan views
- Electronic security measures

### Features and Benefits:

Residents at The Birches enjoy a rich variety of amenities in a warm and welcoming community of friends.

- Three chef-inspired meals and snacks daily
- Medication management/care management
- Assistance with personal care (*dressing, bathing, bathroom, etc.*)
- 24/7 on site nursing support
- Housekeeping and laundry services
- Fun, engaging, inspirational and life enriching activities
- Use of 3rd party care and therapy services welcome

### The Birches

4211 Village Circle, Harbor Springs, Michigan 49740  
Call: 231.526.1500 Fax: 231.526.7230  
[www.perryfarmvillage.org](http://www.perryfarmvillage.org)

*This Senior Living Community will provide equal housing opportunity to all persons regardless of race, color, religion, sex, sexual orientation, gender identity, disability, familial status, or national origin.*



## Adult Foster Care, Memory Care and Respite Care Rates

The Birches offers residents the benefit of 24-hour on-site staffing, as well as 24-hour on-call Nurse Manager services and Triage. Our Adult Foster Care and Memory Care is licensed by the State of Michigan as an AFC (Adult Foster Care) facility.

*All-inclusive rates shown include rent, utilities, meals, snacks, activities, transportation and noted care.*



### Level 1

*Call Village for pricing*

- Medication management
- Supervision, cues, and minimal assistance with Activities of Daily Living (ADLs)
- Personal help button
- Nursing supervision and coordination of care
- Maintenance items
- Stand-by assist for showers 2 times a week
- Housekeeping
- Laundry service

### Level 2

*Call Village for pricing*

*Includes all services from Level 1, plus*

- Daily assistance with one or more activities of daily living (e.g. transfers, mobility, locomotion, toileting, dressing, and bathing 2 times per week)
- Mobility assistance to activities and meals
- Frequent reminders and/or verbal cueing
- Some assistance with bathroom, and incontinent care

### Level 3

*Call Village for pricing*

*Includes all services from Level 1 and 2, plus*

- Frequent monitoring and intervention of resident behavior including, but not limited to, mood, impulse, poor safety awareness, balance and/or exploring
- Extensive assistance with Activities of Daily Living (ADL's), includes 2 person transfer and mechanical lift
- Assist/perform catheter and colostomy care

### Respite Care

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- Minimum of 14 days
- Maximum of 60 day
- Based on room availability

Care at The Birches includes emotional support, and appropriate activities & companionship with staff and other residents.

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# THE BIRCHES AT Perry Farm Village

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan  
A Memory Care & Assisted Living Community

## Adult Foster Care, Memory Care and Respite Care



## The Birches

### Specially Designed Features:

- Enjoy all of Northern Michigan's spectacular seasons in the secured garden courtyard
- Relax and catch up with family and friends in front of the double-sided safety fireplace
- Share 3 chef inspired daily meals in the tranquil, spacious dining room
- Participate in a plethora of daily life-enriching activities

- 20 well-appointed Adult Foster Care and Memory Care suites
- Full, private bathroom with low profile shower
- Ample closet and storage space
- Personal response system to alert onsite staff
- Designed to meet ADA (Americans with Disabilities Act) compliance

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## **Frequently Asked Questions—Adult Foster Care and Memory Care**

### **I'm not sure what kind of care or how much care is needed.**

We understand. Our team will complete a needs assessment to help determine the level of care that is most appropriate for your loved one. This assessment will help us develop an individualized care plan, which will be reviewed with you prior to move-in.

### **What happens if needs increase and more care is required?**

No two situations are alike, that's why we offer different levels of care services. Each level increases available services to help fulfill the resident's changing needs.

### **Will my loved one be left in their room waiting for the day to pass?**

No! We encourage engagement for all residents. By working with you, we will learn what your loved one enjoys, such as hobbies, activities, foods and games. With authentic connections, our care team will build upon your loved ones' interests and likes to promote engagement and nurture stimulation. We plan daily activities to inspire each resident, striving to improve lifestyle, well-being and quality of life. The design of The Birches was very deliberate—from the wide hallways to the open spaces that provides endless exploring opportunities around the community.

### **How can the gorgeous Michigan days be enjoyed at The Birches?**

Our large inviting courtyard allows opportunity to enjoy nature on appropriate days. The beautiful gardens and courtyard are open for enjoyment and are designed to allow exploration within the borders. An abundance of windows throughout the community allows the natural light and outdoor beauty to permeate throughout.

### **Is the food basically "hospital" food?**

No. The chef-inspired, nutritiously balanced meals prepared in the Perry Center kitchen and served to our Independent Living residents, are also served at The Birches. Whether served in the apartment, or in our bright, spacious dining room, our meals are sure to please and satisfy all appetites!

### **Are there places to get together with others?**

The Birches was specifically designed with multiple gathering areas, wide open spaces, and areas for personal and group engagement. The main living room area is highlighted with a gorgeous two-sided electric fireplace that provides a welcoming ambiance.

### **How does a resident get regular medical care and attend appointments?**

Physicians and specialists regularly visit our community to serve our residents. Transportation is also available to shuttle residents to appointments in the Harbor Springs and Petoskey area.

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