

August Happenings



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10am Let's Stretch 10:30am Walk In/Out 1pm Bingo	2 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 12:45pm Shopping 2pm Bible Study 6:30pm GLCFA Opera	3 10am Let's Stretch 10:30am Walk In/Out 11am Chapel 1pm Diabetes Presentation	4 10am Let's Stretch 10:30am Sit&Fit 11am Lunch @ Pond Hill 11:30am Meditation 1pm Bingo	5 8:30-10am Continental Breakfast
6 8:30-10am Continental Breakfast 1pm Movie "The Guys" 4pm Music in the Park	7 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Cornhole 1pm Menu Chat w/ Colleen @ The Birches	8 10am Let's Stretch 10:30am Walk In/Out 11am Menu Chat w/ Dawn 1pm Bingo	9 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Resident Meeting 2pm Bible Study	10 10am Let's Stretch 10:30am Walk In/Out 11am Chapel 1pm HS History	11 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Bingo	12 8:30-10am Continental Breakfast
13 8:30-10am Continental Breakfast 1pm Movie "Saraband"	14 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Cornhole	15 10am Let's Stretch 10:30am Walk In/Out 1pm Bingo	16 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 12:45pm Shopping 1pm Annual Home-owner Meeting	17 10am Let's Stretch 10:30am Walk In/Out 11am Chapel 5pm Douglas Lake Bar	18 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Bingo	19 8:30-10am Continental Breakfast
20 8:30-10am Continental Breakfast 1pm Movie "The Final Season" 4pm Music in the Park	21 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Cornhole	22 10am Let's Stretch 10:30am Walk In/Out 1pm Bingo	23 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 12pm Polish Kitchen	24 10am Let's Stretch 10:30am Walk In/Out 11am Chapel 1pm IT Presentation	25 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Bingo 4:30pm Special Dinner & Happy Hour	26 8:30-10am Continental Breakfast
27 8:30-10am Continental Breakfast 1pm Movie "Ladies in Lavender"	28 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Cornhole	29 10am Let's Stretch 10:30am Walk In/Out 12pm Ferry to Bay Harbor - Ice Cream! 1pm Bingo	30 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 12:45pm Shopping	31 10am Let's Stretch 10:30am Walk In/Out 11am Chapel 3pm Book Club		Wellness Center Card Room Dining Room Terrace Level Outing Patio