

# December 2023 Happenings

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Wellness Center Card Room Dining Room Terrace Level Outing Boardroom LL					1 Perry Foot Clinic 10:30am Sit & Fit 11:30am Meditation 1pm Bingo	2 8:30-10am Continental Breakfast
3 8:30-10am Continental Breakfast	4 10:30am Sit & Fit 11:30am Meditation 2pm Tea Time Trivia	5 10:30am Tai Chi 10:30am Walk In/Out 11:30am Good Life 1pm Bingo 4:30pm Piano Ken	6 10:30am Sit & Fit 11:30am Meditation 12pm Shopping	7 10:30am Tai Chi 10:30am Walk In/Out 11:30am Good Life 7pm Messiah GLCO	8 10:30am Sit & Fit 11:30am Meditation 1pm Bingo 2pm Resident Meeting	9 8:30-10am Continental Breakfast 4:30pm Sunshine Strings Band
10 8:30-10am Continental Breakfast	11 10:30am Sit & Fit 11:30am Meditation 2pm Tea Time Trivia	12 10:30am Tai Chi 10:30am Walk In/Out 11:30am Good Life 1pm Bingo 4:30pm Piano Ken	13 10:30am Sit & Fit 11:30am Meditation 12pm Lunch Bunch MI Tequila	14 10:30am Tai Chi 10:30am Walk In/Out 11:30am Good Life	15 10:30am Sit & Fit 11:30am Meditation 1pm Bingo	16 8:30-10am Continental Breakfast
17 8:30-10am Continental Breakfast	18 10:30am Sit & Fit 11:30am Meditation 2pm Tea Time Trivia	19 10:30am Tai Chi 10:30am Walk In/Out 11:30am Good Life 1pm Bingo 4:30pm Piano Ken	20 10:30am Sit & Fit 11:30am Meditation 12pm Shopping	21 10:30am Tai Chi 10:30am Walk In/Out 11:30am Good Life 2pm Cookie Decorating	22 10:30am Sit & Fit 11:30am Meditation 1pm Bingo	23 8:30-10am Continental Breakfast
24 8:30-10am Continental Breakfast	25 	26 10:30am Walk In/Out 1pm Bingo	27 10:30am Sit & Fit 11:30am Meditation 12pm Lunch Bunch Sassy Loon	28 10:30am Tai Chi 10:30am Walk In/Out 11:30am Meditation	29 10:30am Sit & Fit 11:30am Meditation 1pm Bingo	30 8:30-10am Continental Breakfast
31 8:30-10am Continental Breakfast						