

# February 2024 Happenings



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wellness Center Card Room Dining Room Terrace Level Outing Board Room				1 10:30am Tai Chi 10:30am Walk In/Out 11:30am Meditation 12pm Shopping 2pm Movie at PFV	2 10:30am Sit & Fit 11:30am Meditation 1pm Bingo 2pm Birthday Cake 1:30pm Lyric Matinee	3 8:30-10am Continental Breakfast
4 8:30-10am Continental Breakfast	5 10:30am Sit & Fit 11:30am Meditation 2pm Games	6 10:30am Tai Chi 10:30am Walk In/Out 11:30am Meditation 12pm Shopping 1pm Bingo	7 10:30am Sit & Fit 11:30am Meditation 12pm Lunch Bunch 3pm Crafting with Grace	8 10:30am Tai Chi 10:30am Walk In/Out 11:30am Meditation 12pm Shopping 2pm Movie at PFV	9 9am-3pm Foot Clinic 10:30am Sit & Fit 11:30am Meditation 1pm Bingo 1:30pm Lyric Matinee	10 8:30-10am Continental Breakfast
11 8:30-10am Continental Breakfast 6:30pm Super Bowl	12 10:30am Sit & Fit 11:30am Meditation 1:30pm Menu Chat 2pm Games	13 10:30am Tai Chi 10:30am Walk In/Out 11:30am Meditation 12pm Shopping 1pm Bingo 4:30pm Sugar Moon 	14 10:30am Sit & Fit 11:30am Meditation	15 10:30am Tai Chi 10:30am Walk In/Out 11:30am Meditation 12pm Shopping 2pm Movie at PFV	16 10:30am Sit & Fit 11:30am Meditation 1pm Bingo 1:30pm Lyric Matinee	17 8:30-10am Continental Breakfast
18 8:30-10am Continental Breakfast	19 10:30am Sit & Fit 11:30am Meditation 2pm Games	20 10:30am Tai Chi 10:30am Walk In/Out 11:30am Meditation 12pm Shopping 1pm Bingo	21 10:30am Sit & Fit 11:30am Meditation 12pm Lunch Bunch	22 10:30am Tai Chi 10:30am Walk In/Out 11:30am Meditation 12pm Shopping 12pm Lunch & Learn 2pm Movie at PFV	23 10:30am Sit & Fit 11:30am Meditation 1pm Bingo 1:30pm Lyric Matinee	24 8:30-10am Continental Breakfast
25 8:30-10am Continental Breakfast	26 10:30am Sit & Fit 11:30am Meditation 2pm Games	27 10:30am Tai Chi 10:30am Walk In/Out 11:30am Meditation 12pm Shopping 1pm Bingo	28 10:30am Sit & Fit 11:30am Meditation 1pm Bible Study	29 10:30am Tai Chi 10:30am Walk In/Out 11:30am Meditation 12pm Shopping 2pm Movie at PFV		 Special Happy Hour & Dinner