



July 2024 Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wellness Center Dining Room Terrace Level Outing Card Room	1 10:30am Sit & Fit 11:30am Meditation 4pm Garden Club	2 10am Seated Tai Chi 12pm Shopping 12:15pm Bingo 4:30pm Piano Ken	3 10:30am Sit & Fit 2pm NO Hymn sing 2:30pm NO Bible Study	4 	5 NO Sit & Fit 1pm Bingo	6
7 4pm Music in the Park Rivertown Jazz	8 10:30am Sit & Fit 11:30am Meditation 1:30pm Menu Chat	9 10am Seated Tai Chi 12pm Shopping 12:15pm Bingo 4:30pm Piano Ken 4:45pm Crow's Nest	10 10:30am Sit & Fit 2:30pm Bible Study	11 10am Seated Yoga 12pm Shopping	12 9am-4pm HSFC Sale! 10:30am Sit & Fit 1pm Bingo 2pm Walking Group 8pm Bay View musical	13
14	15 10:30am Sit & Fit 11:30am Meditation 1pm Bus Ride for Ice Cream	16 10am Seated Tai Chi 12pm Shopping 12:15pm Bingo 4:30pm Piano Ken	17 10:30am Sit & Fit 2pm Hymn Sing 2:30pm Bible Study	18 10am Seated Yoga 12pm Shopping 7pm GLCO Concert	19 10:30am Sit & Fit 1pm Bingo 2pm Walking Group & Ice Cream Social	20
21 4pm Music in the Park Rivertown Jazz	22 10:30am Sit & Fit 11:30am Meditation	23 10am Seated Tai Chi 12pm Shopping 12:15pm Bingo 4:30pm Piano Ken	24 10:30am Sit & Fit 2:30pm Bible Study 4:30pm Special Happy Hour & Dinner 	25 10am Seated Yoga 12pm Shopping 8pm Bay View Opera "Cinderella"	26 10:30am Sit & Fit 1pm Bingo 2pm Walking Group	27
28 4pm Music in the Park Peter Allen Jensen	29 10:30am Sit & Fit 11:30am Meditation	30 10am Seated Tai Chi 12pm Shopping 12:15pm Bingo 4:30pm Piano Ken	31 NO Sit & Fit 11am HS Farm Market Sr Day 2:30pm Bible Study	 Special Happy Hour & Dinner		