

August 2024 Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Wellness Center Dining Room Terrace Level Outing Outside</p>	<p>Special Happy Hour & Dinner  Special Birthday Dinner </p>			<p>1 10am Seated Yoga</p>	<p>2 10:30am Sit & Fit 1pm Bingo 2pm Walking Group</p>	<p>3 8:30-10am Continental Breakfast</p>
<p>4 8:30-10am Continental Breakfast 4pm—6pm Music in the Park “Sunshine Strings”</p>	<p>5 10:30am Sit & Fit 11:30am Meditation 4pm Garden Club</p>	<p>6 10am Seated Tai Chi 2pm Shopping @ IGA 12:15pm Bingo 4:30pm Piano Ken</p>	<p>7 10:30am Sit & Fit 2pm Hymn Sing 2:30pm Bible Study 3pm GLCO Drumheads </p>	<p>8 10am Seated Yoga</p>	<p>9 10:30am Sit & Fit 1pm Bingo 2pm Walking Group</p>	<p>10 8:30-10am Continental Breakfast</p>
<p>11 8:30-10am Continental Breakfast 9:30am Church at PFV 4pm—6pm Music in the Park “Rivertown Jazz”</p>	<p>12 10:30am Sit & Fit 11:30am NO Meditation 1:30pm Menu Chat</p>	<p>13 10am Seated Tai Chi 2pm Shopping @ IGA 12:15pm Bingo 4:30pm Piano Ken</p>	<p>14 10:30am Sit & Fit 3-4:30pm Annual Owners Meeting 2:30pm Bible Study 4:30pm Reception</p>	<p>15 10am Seated Yoga 7:30pm Hand Bell Choir at Bayview</p>	<p>16 10:30am Sit & Fit 11:30am Meditation 1pm Bingo 2pm Walking Group</p>	<p>17 8:30-10am Continental Breakfast</p>
<p>18 8:30-10am Continental Breakfast 4pm—6pm Music in the Park “Rivertown Jazz”</p>	<p>19 10:30am Sit & Fit 11:30am Meditation 1pm Bus Ride for Ice Cream</p>	<p>20 10am Seated Tai Chi 2pm Shopping @ IGA 12:15pm Bingo 4:30pm Piano Ken</p>	<p>21 10:30am Sit & Fit 2pm Hymn Sing 2:30pm Bible Study </p>	<p>22 10am Seated Yoga 5:30pm Trovato for dinner</p>	<p>23 10:30am Sit & Fit 1pm Bingo 2pm Walking Group</p>	<p>24 8:30-10am Continental Breakfast</p>
<p>25 8:30-10am Continental Breakfast 9:30am Church at PFV</p>	<p>26 10:30am Sit & Fit 11:30am Meditation</p>	<p>27 10am Seated Tai Chi 2pm Shopping @ IGA 12:15pm Bingo 4:30pm Piano Ken</p>	<p>28 10:30am Sit & Fit 2:30pm Bible Study</p>	<p>29 10am Seated Yoga</p>	<p>30 10:30am Sit & Fit 1pm Bingo 2pm Walking Group 4:30pm Marty Miller to sing for us!</p>	<p>31 8:30-10am Continental Breakfast</p>