



January 2025 Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <i>Happy New Year 2025</i>	2 2pm Shopping @ IGA	3 10:30am Sit & Fit 1pm Bingo 2pm Cocoa Bar	4 8:30-10am Continental Breakfast
5 8:30-10am Continental Breakfast	6 10:30am Sit & Fit 11:30am Meditation 2pm Movie Monday 3pm Christmas Décor gathering help needed!	7 10:30am Tai Chi 1pm Bingo	8 10:30am Sit & Fit 11:30am Meditation 2pm Hymn Sing 2:30pm Bible Study	9 10:30am Yoga Vista Video 1:30pm Bay View Reading 2pm Shopping @ IGA	10 10:30am Sit & Fit 1pm Bingo	11 8:30-10am Continental Breakfast
12 8:30-10am Continental Breakfast	13 10:30am Sit & Fit 11:30am Meditation 2pm Movie Monday	14 10:30am Tai Chi 1pm Bingo	15 10:30am Sit & Fit 11:30am Meditation 12pm Lunch Bunch 2:30pm Bible Study	16 10:30am Yoga Vista Video 2pm Shopping @ IGA	17 10:30am Sit & Fit 1pm Bingo 2pm Cocoa Bar	18 8:30-10am Continental Breakfast
19 8:30-10am Continental Breakfast	20 10:30am Sit & Fit 11:30am Meditation 2pm Movie Monday	21 10:30am Tai Chi 1pm Bingo	22 10:30am Sit & Fit 11:30am Meditation 2pm Hymn Sing 2:30pm Bible Study	23 10:30am Yoga Vista Video 1:30pm Bay View Reading 2pm Shopping @ IGA	24 10:30am Sit & Fit 1pm Bingo	25 8:30-10am Continental Breakfast
26 8:30-10am Continental Breakfast	27 10:30am Sit & Fit 11:30am Meditation 2pm Movie Monday	28 10:30am Tai Chi 1pm Bingo	29 10:30am Sit & Fit 11:30am Meditation 2:30pm Bible Study	30 10:30am Yoga Vista Video 2pm Shopping @ IGA	31 10:30am Sit & Fit 1pm Bingo 2pm Cocoa Bar	Wellness Center Dining/Living Room Terrace Level Outing The Birches