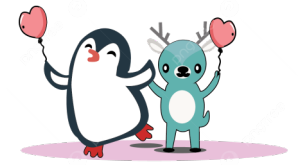


February 2025 Happenings



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wellness Center Dining/Living Room Terrace Level Outing The Birches						1 8:30-10am Continental Breakfast
2 8:30-10am Continental Breakfast	3 10:30am Sit & Fit 11:30am Meditation 2pm Movie Monday	4 10:30am Tai Chi 1pm Bingo 4:30 Dinner at Teddy's	5 10:30am Sit & Fit 11:30am Meditation	6 10:30am Yoga Vista Video 1:30pm B.V. Reading 2pm Shopping @ IGA	7 10:30am Sit & Fit 1pm Bingo	8 8:30-10am Continental Breakfast
9 8:30-10am Continental Breakfast  Super Bowl	10 10:30am Sit & Fit 11:30am Meditation 2pm Movie Monday	11 10:30am Tai Chi 1pm Bingo	12 10:30am Sit & Fit 11:30am Meditation 12pm Lunch Bunch 2pm Hymn Sing 2:30pm Bible Study 	13 10:30am Yoga Vista Video 2pm Shopping @ IGA	14 10:30am Sit & Fi. 1pm Bingo 2pm Love a Parfait! 	15 8:30-10am Continental Breakfast
16 8:30-10am Continental Breakfast	17 10:30am Sit & Fit 11:30am Meditation 1pm Menu Chat 2pm Movie Monday	18 10:30am Tai Chi 1pm Bingo 6:30pm Coffee & Poetry	19 10:30am Sit & Fit 11:30am Meditation 2:30pm Bible Study	20 10:30am Yoga Vista 1:30pm Bay View Reading 2pm Shopping @ IGA 4:30 Special Happy Hour and Dinner 	21 10:30am Sit & Fit 1pm Bingo	22 8:30-10am Continental Breakfast
23 8:30-10am Continental Breakfast	24 10:30am Sit & Fit 11:30am Meditation 2pm Movie Monday	25 10:30am Tai Chi 1pm Bingo	26 10:30am Sit & Fit 11:30am Meditation 2pm Hymn Sing 2:30 Bible Study	27 9am Foot Clinic 10:30am Yoga Vista Video 2pm Shopping @ IGA	28 10:30am Sit & Fit 1pm Bingo 2pm Cocoa Bar	Special Happy Hour & Dinner   Birthday Dinner