



July 2025 Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wellness Center Dining/Living Room Terrace Level Outing		1 10:30am Tai Chi 1pm Bingo 4:30pm Piano Ken	2 10:30am Sit & Fit 11:30am Meditation	3 10:30am Tai Chi	4 Happy Independence Day! 	5 8:30-10am Continental Breakfast
6 8:30-10am Continental Breakfast 3:30pm Music in Park	7 10:30am Sit & Fit 11:30am Meditation 2pm Movie Monday	8 10:30am Tai Chi 1pm Bingo 4:30pm Piano Ken	9 10:30am Sit & Fit 11:30am Meditation 2:30 Bible Study	10 10:30am Tai Chi 12pm Presentation by Juan Rhoades, NP 1:30pm Rock Painting @ Friendship Ctr.	11 10:30am Sit & Fit 1pm Bingo	12 8:30-10am Continental Breakfast
13 8:30-10am Continental Breakfast 3:30pm Music in Park	14 10:30am Sit & Fit 11:30am Meditation 2pm Movie Monday	15 10:30am Tai Chi 1pm Bingo 4:30pm Piano Ken	16 10:30am Sit & Fit 11:30am Meditation 2:30 Bible Study	17 10:30am Tai Chi 5pm Dinner Group 	18 10:30am Sit & Fit 1pm Bingo	19 8:30-10am Continental Breakfast
20 8:30-10am Continental Breakfast 3:30pm Music in Park	21 10:30am Sit & Fit 11:30am Meditation 2pm Movie Monday	22 9am-12pm Foot Clinic 10:30am Tai Chi 1pm Bingo 4:30pm Special Happy Hour & Dinner 	23 10:30am Sit & Fit 11:30am Meditation 12pm Lunch Bunch 2:30 Bible Study	24 10:30am Tai Chi **Fire Drill Today** 6:15pm Coffee & Conversation	25 10:30am Sit & Fit 1pm Bingo	26 8:30-10am Continental Breakfast
27 8:30-10am Continental Breakfast 3:30pm Music in Park	28 10:30am Sit & Fit 11:30am Meditation 2pm Movie Monday	29 10:30am Tai Chi 1pm Bingo 4:30pm Piano Ken	30 10:30am Sit & Fit 11:30am Meditation 2:30 Bible Study	31 10:30am Tai Chi	Special Happy Hour & Dinner  Birthday Dinner 	*Save the Date* Annual PFVA Owners Meeting 8/13/25~1pm