

October 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
4:30pm Happy Hour Every Day!!	Meditation Mon/Fri 10am LL Wellness classroom	Bus Tues & Thurs Pick up 9:45am & 1pm Call Sarah	Lunch Bunch 10/12—Walloon Junction 10/26—Sassy Loon	Thursdays — (Cardio) Drumming at HS Friendship Center		1 8:30-10am Continental Breakfast 4:30pm Happy Hour
2 8:30-10am Continental Breakfast 1:30pm Church @PFV 4:30pm Happy Hour 6:30pm Movie	3 10am Meditation 10:30am Sit & Fit 1pm Rummy Cube 4:30pm Happy Hour	4 1pm Bingo 2:15 Fall Decorating 4:30pm Happy Hour	5 10:30am Sit & Fit 12:45pm Shopping 1pm Rummy Cube 2pm Bible Study 4:30pm Happy Hour	6 10:30am Drumming 3pm Euchre 4:30pm Happy Hour	7 No Fitness Classes 10am-2pm Victory Games 1pm Rummy Cube 1:30pm Bingo 4:30pm Happy Hour	8 8:30-10am Continental Breakfast 4:30pm Happy Hour
9 8:30-10am Continental Breakfast 4:30pm Happy Hour 6:30pm Movie	10 10am Meditation 10:30am Sit & Fit 1pm Rummy Cube 4:30pm Happy Hour	11 1pm Bingo 4:30pm Happy Hour	12 10:30am Sit & Fit 11:30am Lunch Bunch 1pm Rummy Cube 2pm Bible Study 4:30pm Happy Hour	13 10:30am Drumming 1pm Bay View Reading 3pm Euchre 4:30pm Happy Hour	14 10am Meditation 10:30am Sit & Fit 1pm Rummy Cube 1:30pm Bingo 4:30pm Happy Hour	15 8:30-10am Continental Breakfast 4:30pm Happy Hour
16 8:30-10am Continental Breakfast 4:30pm Happy Hour 6:30pm Movie	17 10am Meditation 10:30am Sit & Fit 1pm Rummy Cube 4:30pm Happy Hour	18 1pm Bingo 2-4pm Flu Clinic 4:30pm Happy Hour	19 10:30am Sit & Fit 12:45pm Shopping 1pm Rummy Cube 2pm Bible Study 4:30pm Happy Hour	20 10:30am Drumming 1pm Dr Wong 3pm Euchre 4:30pm Happy Hour	21 10am Meditation 10:30am Sit & Fit 1pm Rummy Cube 1:30pm Bingo 1:30pm Appletown	22 8:30-10am Continental Breakfast 4:30pm Happy Hour
23 8:30-10am Continental Breakfast 4:30pm Happy Hour 6:30pm Movie	24 10am Meditation 10:30am Sit & Fit 1pm Rummy Cube 4:30pm Happy Hour	25 1pm Bingo 4:30pm Happy Hour	26 10:30am Sit & Fit 11:30am Lunch Bunch 1pm Rummy Cube 2pm Bible Study 2-5pm Covid Clinic	27 10:30am Drumming 1pm Bay View Reading 3pm Euchre 3-4:15pm Lives Well Lived 4:30pm Happy Hour	28 10am Meditation 10:30am Sit & Fit 1pm Rummy Cube 1:30pm Bingo 4:30pm Happy Hour	29 8:30-10am Continental Breakfast 4:30pm Happy Hour
30 8:30-10am Continental Breakfast 4:30pm Happy Hour 6:30pm Movie	31 10:30am Sit & Fit 1pm Rummy Cube 4:30pm Halloween Happy Hour					