





January 2023 Happenings

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|--|---|
| <p>1 8:30-10:30am Continental Break-fast 1:30pm Church 6:30pm Movie</p> | <p>2 8:30am Christmas Décor put away 10am Meditation 10:30am Sit&Fit 1pm Rummy Cube</p> | <p>3 Birches Move In 1pm Bingo 3pm Yoga 4pm Chess</p>  | <p>4 10:30am Sit&Fit 11:15am Meditation 11:45am Lunch Bunch 1pm Rummy Cube NO Bible Study</p> | <p>5</p> | <p>6 10am Meditation 10:30am Sit&Fit 1pm Rummy Cube 1pm Bingo</p> | <p>7 8:30-10:30am Continental Break-fast</p> |
| <p>8 8:30-10:30am Continental Break-fast 1pm Movie</p> | <p>9 10am Meditation 10:30am Sit&Fit 1pm Rummy Cube 1pm Billiards</p> | <p>10 1pm Bingo 3pm Yoga 4pm Chess</p> | <p>11 10:30am Sit&Fit 11:15am Meditation 12:45pm Shopping 1pm Rummy Cube 2pm Bible Study</p> | <p>12 1pm Bayview Reading Group</p> | <p>13 10am Meditation 10:30am Sit&Fit 1pm Rummy Cube 1pm Bingo</p> | <p>14 8:30-10:30am Continental Break-fast</p> |
| <p>15 8:30-10:30am Continental Break-fast 1pm Movie</p> | <p>16 10am Meditation 10:30am Sit&Fit 1pm Rummy Cube 1pm Billiards</p> | <p>17 1pm Bingo 3pm Yoga 4pm Chess</p> | <p>18 10:30am Sit&Fit 11:15am Meditation 11:45am Lunch Bunch 1pm Rummy Cube 2pm Bible Study</p> | <p>19 1pm Craft with Barb 4:30pm Special Happy Hour & Dinner</p>  | <p>20 9am Foot Clinic 10am Meditation 10:30am Sit&Fit 1pm Rummy Cube 1pm Bingo</p> | <p>21 8:30-10:30am Continental Break-fast</p> |
| <p>22 8:30-10:30am Continental Break-fast 1pm Movie</p> | <p>23 10am Meditation 10:30am Sit&Fit 1pm Rummy Cube 1pm Billiards</p> | <p>24 1pm Bingo 3pm Yoga 4pm Chess</p> | <p>25 10:30am Sit&Fit 11:15am Meditation 12:45pm Shopping 1pm Rummy Cube 2pm Bible Study</p> | <p>26 1pm Bayview Reading Group 1:30pm Hearing Aid Check 2:30pm Book Club</p> | <p>27 10am Meditation 10:30am Sit&Fit 1pm Rummy Cube 1pm Bingo</p> | <p>28 8:30-10:30am Continental Break-fast</p> |
| <p>29 8:30-10:30am Continental Break-fast 1pm Movie</p> | <p>30 10am Meditation 10:30am Sit&Fit 1pm Rummy Cube 1pm Billiards</p> | <p>31 1pm New Game with Dawn! 3pm Yoga 4pm Chess</p> | <p>Lunch Bunch 1/4 Nubs Nob 1/18 Boyne Highlands</p> | <p>Bus Tues & Thurs Pick up 9:45am & 1pm Call Sarah 231-373-2803</p> | <p>4:30pm Happy Hour Every Day!</p> | <p>Wellness Center Card Room Dining Room Behind Fireplace Outing BoardRoom LL</p> |