

September 2024 - The Birches Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 10:30 Piano Medlies 11:15 Sit&Fit 1pm Bingo	3 10:30 History Blurb 11:15 Walking 1pm Crafts	4 10:30 Poem of the Day 11:15 Chair Yoga 1pm Bingo 2pm Hymn Sing	5 10:30 Book Club 11:15 Walking 1pm Trivia	6 10:30 History Blurb 11:15 Sit&Fit 1pm Documentary	7 1pm Bingo
8	9 10:30 Piano Medlies 11:15 Sit&Fit 1pm Bingo	10 10:30 History Blurb 11:15 Walking 1pm Crafts	11 10:30 Poem of the Day 11:15 Chair Yoga 1pm Bingo 2pm Piano Hymns	12 10:30 Book Club 11:15 Walking 1pm Table Games	13 10:30 History Blurb 11:15 Sit&Fit 1pm Table Games	14 1pm Bingo
15	16 10:30 Piano Medlies 11:15 Sit&Fit 1pm Bingo	17 10:30 History Blurb 11:15 Walking 1pm Crafts	18 10:30 Poem of the Day 11:15 Chair Yoga 1pm Bingo 2pm Hymn Sing	19 10:30 Book Club 11:15 Walking 1pm Word Games	20  10:30 History Blurb 11:15 Sit&Fit 1pm Ballet Matinee	21 1pm Bingo
22	23 10:30 Piano Medlies 11:15 Sit&Fit 1pm Bingo	24 10:30 History Blurb 11:15 Walking 1pm Crafts	25 10:30 Poem of the Day 11:15 Chair Yoga 1pm Bingo 2pm Piano Hymns	26 10:30 Book Club 11:15 Walking 1pm Trivia 3:30 Apple Day 	27 10:30 History Blurb 11:15 Sit&Fit 1pm Table Games	28 1pm Bingo
29	30 10:30 Piano Medlies 11:15 Sit&Fit 1pm Bingo					